



Beyond Trauma: Conversations on Traumatic Incident Reduction, Second Edition (Explorations in Metapsychology)

Victor R. Volkman

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Victor Volkman has created a tool that takes the mystery out of one of the more remarkably effective clinical procedures in a way that can help millions of people revitalize and improve their lives. To those desperate people who have experienced trauma or tragedy, this process is a pathway to dealing with their feelings and getting on with their lives. In the new book *Beyond Trauma, Conversations on Traumatic Incident Reduction* Volkman presents a series of conversations with a wide range of people from many different backgrounds and experiences. Each provides his or her perspective on Traumatic Incident Reduction, or TIR for short. The book explains the techniques used by professionals and patients to help people sort out, resolve and overcome the negative effects of painful suffering. Untold countless people have to deal with trauma in a wide variety of situations: Soldiers who experience war or injury, families dealing with death, chemical or substance abuse, parental neglect, child or sexual abuse, terrorism, crime and punishment. *Beyond Trauma: Conversations on Traumatic Incident Reduction (TIR)*, is unique in that it addresses both people suffering from the effects of traumatic stress and the practitioners who help them. This method has been effective in dealing with many areas of trauma, including Post-Traumatic Stress Disorder (PTSD), in such diverse groups as veterans, children, 9/11 survivors, motor vehicle accident and sexual abuse survivors. TIR is a brief, one-on-one, non-hypnotic, person-centered, simple, and highly structured method for permanently eliminating the negative effects of past traumas. Contributors include world-renowned experts in traumatology including Windy Dryden, Ph.D., Joyce Carbonell, Ph.D., and TIR's developer Frank A. Gerbode, M.D. *Beyond Trauma* highlights stories of TIR helping survivors to regain control of their lives. This book will be life changing not only for survivors of traumatic incidents but also for the professionals committed to helping them. "Not in 30+ years of practice have I used a more remarkably effective clinical procedure." --Robert H. Moore, Ph.D. What people are saying about this book: "Beyond Trauma: Conversations on Traumatic Incident Reduction is an excellent resource to begin one's mastery in this area of practice." --Michael G. Tancus, LCSW, DCSW, Augusta Behavioral Health "I have found *Beyond Trauma* to be EXCEPTIONALLY HELPFUL in understanding and practicing TIR in broad and diverse areas of practice, not just in traditional trauma work. The information from various points of view is really priceless." -- Gerry Bock, Registered Clinical Counsellor, B.C. Canada . "Beyond Trauma offers PTSD sufferers a glimpse at a light at the end of the tunnel, while providing mental health workers with a revolutionary technique that could increase their success rate with traumatized clients" --Jeni Mayer, Body Mind Spirit Magazine "Having read the book, I feel that I have already become better at working with distressed clients." -- Bob Rich, Ph.D.

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