



Just Another Bloody Year: (My Life and Other Problems) (Vernon Coleman's Diaries Book 2)

Vernon Coleman

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A year in Vernon Coleman's bizarre and tempestuous life. The sequel to *The Diary of a Disgruntled Man*. Comes with many health warnings. Unsuitable for the overly sensitive and the politically correct. This book contains no fats, saturated or otherwise. It is not a toy and is unsuitable for children under three years of age. It may contain nuts. May have been written in a building where salt, mustard, ketchup and other condiments are used. Passages written when the author was under stress, upset or well tintured may contain grammatical errors. This book has not been approved by the European Union for reading in public or private places and readers who do so do so at their own risk. For health and safety reasons spectacles (if worn) should be properly fitted and not allowed to rest on the end of the nose. This book is not approved or authorised by anyone and may provoke unexpected emotional responses. The £20 hardback version is fitted with a smart blue ribbon but the kindle edition is not. This book is the companion volume to *Diary of a Disgruntled Man* which is the first volume in this series and also available as a kindle book. The third in the series is 'Bugger off and Leave Me Alone' and is also available as a kindle book. There may be more if the author continues to survive.

Vernon Coleman is a qualified doctor but has earned his living as an author for the last 30 years. He has written over 100 books which have sold over two million copies (in hardback and paperback) in the UK alone. His books have been translated into 24 languages. His novel *Mrs Caldicot's Cabbage War* was turned into an award winning movie starring Pauline Collins.

What the papers say:

He's the Lone Ranger, Robin Hood and the Equaliser rolled into one - *Glasgow Evening Times*

Coleman is a very funny writer - *This England*

Vernon Coleman writes brilliant books - *The Good Book Guide*

Superstar - *Independent on Sunday*

He writes lucidly and wittily - *Good Housekeeping*

Compulsive reading - *The Guardian*

Brilliant - *The People*

King of the media docs - *Independent*

A godsend - *Daily Telegraph*

No thinking person can ignore him - *The Ecologist*

The calmest voice of reason - *Observer*

His message is important - *The Economist*

Revered guru of medicine - *Nursing Times*

Dr Coleman made me think again - *BBC World Service*

Perhaps the best known health writer for the general public in the world - *The Therapist*

Britain's leading health care campaigner - *The Sun*

Britain's leading medical author - *The Star*

Marvellously succinct, refreshingly sensible - *The Spectator*

Probably one of the most brilliant men alive - *Irish Times*

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