



# Occupational Therapy with Elders: Strategies for the COTA, 1e

*Helene Lohman MA OTD OTR/L, Rene Padilla MS OTR/L, Sue Byers-Connors BA COTA/L ROH*

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Working with elders in skilled nursing homes and intermediate care facilities has become the number one practice area for COTAs. This is the only book available to fill that need! It will not only be a required classroom text in OTA programs, but it will also become an indispensable reference text for COTAs in practice in long-term and immediate-term care facilities, home care organizations, rehabilitation programs, and hospitals. This is a highly readable, user-friendly text containing many case studies and scenarios which relate concepts to real-life clinical practice for a COTA.

\* Provides a holistic approach to common diagnoses, emphasizing both psychological and physical aspects of aging. \* Comprehensive coverage includes concepts of aging as well as occupational therapy intervention with elders. \* Key topics include documentation, ethical aspects, public policy, cultural diversity, health promotion, working with elders who have visual impairments, considerations of mobility, and much more. \* The Practice Settings chapter provides an overview of the various settings in which a COTA might practice (specific to working with elders). \* Contains key terms, chapter objectives, chapter review questions, problem-solving exercises, case studies, narratives/scenarios, and a glossary. \* Features an Appendix with useful information including: How to Obtain Guidelines for the MDS; Restraint Reduction Resources including chairs, alerting systems, personal alarms, signs, foam/cushions, firm wheelchair seats, and walkers; Resources to Assist the Older Driver; Publications to Assist Family and Caregivers; Support Groups and Referrals; World Wide Web Sites.

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