



# Middle Ground Prepping: A Sensible Approach

*Mr. Jim Serre*

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**Learn how middle ground prepping can get you prepared without taking over your life.**

Somewhere in between the fanatical preppers highlighted on the hit reality show “Doomsday Preppers” and the millions of Americans who have done nothing to assemble emergency supplies lies “middle ground prepping.” Middle ground prepping is a concept that provides a measured and reasonable approach for novices to prepare for impending emergencies or disasters in order to protect yourself and your family.

Middle Ground Prepping provides five well-defined steps that will allow you to develop a comprehensive emergency plan in a reasonable amount of time. By simply following the Planning, Acquiring, Responding, Training, and Evaluating steps you will experience considerable peace of mind and knowledge that your family is prepared to survive any disaster that may come your way. You can be a sensible prepper on your schedule without becoming obsessed with over-the-top preparedness notions and low probability theoretical disasters.

- Chapter 1 – Why We Prepare
- Chapter 2 – The Government Can’t Do It All
- Chapter 3 – Disaster Awareness
- Chapter 4 – Don’t Focus on One
- Chapter 5 – Required Supplies
- Chapter 6 – Middle Ground Prepping

If you follow the middle ground prepping approach in this book you do not need to spend extravagantly to prepare your family. Do a little something to start and you will be well on your way to emergency preparedness independence.

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