



Sugar: 7 Day Sugar Junkie Detox Diet Plan To Beat Your Addiction And Rescue Yourself From Cravings Easily And Naturally With Clean Eating Recipes For Life! ... (Liver Cleanse, Superfoods, Detox Smoothies)

Sarah Brooks

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SUGAR 7 DAY SUGAR JUNKIE DETOX DIET PLAN TO BEAT ADDICTION AND CRAVINGS NATURALLY!!

This "Sugar" book contains proven steps and strategies on how to cut down your sugar intake in seven days without compromising your health.

Today only, get this Amazing Amazon book for this incredibly discounted price! Read on your PC, Mac, Smart Phone, Tablet or Kindle Device.

The recipes contained in this book are also ideal for diabetics who wish to detoxify their body and reverse their Diabetes.

Whether you are suffering from diabetes or you are simple addicted to sugar and wants to live a healthier life, this book can help you achieve the healthier version of you.

Start flipping those pages and learn how to get in shape effectively.

Here Is A Preview Of What You'll Learn...

- What Is Sugar Addiction?
- Signs And Symptoms Of Sugar Addiction
- Sugar And Its Negative Effects To The Body
- Blood Sugar Solution
- Foods To Avoid
- Natural Remedies To Cure Sugar Cravings
- Kick Sugar And Lose Weight
- Tips For Staying On Track
- 7 Day Sugar Detox Diet Plan
- Sugar Detox Smoothie Recipes
- Much, Much More!

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Wesley Binns:

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