The Coordination Code: The Ultimate Graphic Approach to Improving Your Drum Skills, Book, Poster, & Enhanced CD

Karl Sloman, Dom Famularo

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Coordination occurs when your body movements allow you to strike the elements of the drumset at a precise moment in time. The Coordination Code uses a unique system of notation to teach your body to achieve complete coordination when performing two or more movements at one time, and gain a new set of tools to utilize in your playing. The enclosed poster is a useful reference when learning or teaching the notation system. To benefit every drummer, the book is organized in five difficulty levels ranging from simple to professional. In addition to helping coordination, this book will build confidence, enhance your creativity, and increase your strength on both sides of your body. An MP3 CD is included with recorded examples of every exercise in the book.

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