



70 Slow Cooker Recipes BOX SET. 30 Freezer + 20 Mediterranean + 20 High Protein Low Carb Slow Cooker Recipes For Every Kitchen!: (slow cooker cookbook, ... recipes, slow cooker recipes for two)

Nadene Acker, Diana Barkley, Sofia Smith

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70 Slow Cooker Recipes BOX SET 3 IN 1. 30 Freezer + 20 Mediterranean + 20 High Protein Low Carb Slow Cooker Recipes For Every Kitchen!

BOOK #1: Top 30+ Freezer Slow Cooker Meals For Every Kitchen That Everyone Will Love

Do you often not have enough time during the week to even prepare a slow cooker meal in the morning for that night's dinner?

Perhaps you're a busy mom or just someone who goes to work too early to have to chop vegetables and toss some meat into their slow cooker in the morning, but there's a solution! Prepare your meals and freeze them over the weekend or even a month ahead of time so that you can pull out the bag from the freezer and dump the contents into your slow cooker. It'll take you less than ten minutes!

In this book, you'll find 30+ recipes for poultry, beef, pork, and even vegetarian. Take a look at all the delicious recipes you can prepare ahead of time and freeze.

BOOK #2: 20 High Fat Low Carb Slow Cooker Recipes for Weight Watchers

It is well documented that reducing the amount of refined carbohydrates in your diet is a good way to support weight loss. We also know that it is healthier, cheaper and better for you to cook all of your meals from scratch, rather than relying on prepackaged food. But many people are too tired at the end of a working day to be able to come home, then face cooking a healthy evening meal, or may not have the time in the evenings to stand in the kitchen.

The slow cooker is your solution to this problem. Not only can you prepare it in the morning, then set it on a timer to have a delicious hot meal ready and waiting for you when you come home, you can also use less popular cuts of meat and so save money. The long, low temperature that the slow cooker provides is perfect for cooking the more flavorful 'working joints' of meat. It is also naturally low in fat, since none is required for cooking — in fact, it is best to trim any excess fat from the meat before you start, as this will not drain off or brown as it would for more conventional cooking methods.

BOOK #3: Top 20 Easy & Delivious Mediterranean Slow Cooker Recipes For Two Or One

So what this book is going to focus on is the sensible recipes that only call for how much you need to make according to who you're cooking for! This way the wonderful seasonings and dressings will be right and on-the-mark with measurements, but the entree of the meal can be portioned to your liking!

This book showcases 20 Mediterranean Slow Cooker recipes if you are looking for smaller-portioned Mediterranean meals or have a small family, Mediterranean Slow Cooking for Two or Just for You is the perfect resource for you. Featuring recipes geared specifically for use with a 1.5 - to 2-quart slow cooker and you'll find here a great meal ideas that you can make with minimal effort and maximum taste! Just prepare the night before and come home to a hot! You're now able to plug in the crockpot and toss a few ingredients that will cook into an awesome dinner for you and your loved ones. The little Slow Cooker is very easy to use so it makes cooking everyday a snap, and you are able to have a healthy variety of foods at a fraction of the cost of eating out.

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Thelma Brady:

Now a day folks who Living in the era just where everything reachable by connect to the internet and the resources in it can be true or not need people to be aware of each information they get. How many people to be smart in having any information nowadays? Of course the correct answer is reading a book. Studying a book can help folks out of this uncertainty Information particularly this 70 Slow Cooker Recipes BOX SET. 30 Freezer + 20 Mediterranean + 20 High Protein Low Carb Slow Cooker Recipes For Every Kitchen!: (slow cooker cookbook, ... recipes, slow cooker recipes for two) book because book offers you rich info and knowledge. Of course the knowledge in this book hundred per cent guarantees there is no doubt in it you probably know this.

Edward Upton:

The book untitled 70 Slow Cooker Recipes BOX SET. 30 Freezer + 20 Mediterranean + 20 High Protein Low Carb Slow Cooker Recipes For Every Kitchen!: (slow cooker cookbook, ... recipes, slow cooker recipes for two) contain a lot of information on the item. The writer explains your girlfriend idea with easy way. The language is very simple to implement all the people, so do certainly not worry, you can easy to read that. The book was written by famous author. The author provides you in the new period of literary works. It is easy to read this book because you can read more your smart phone, or device, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official website as well as order it. Have a nice study.

Caitlin Cruz:

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