



# **Finding Your Voice: A Collection of Stories, Poems, Thoughts and Quotes to Help You Find Your True Voice**

*G. Brian Benson*

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There comes a time in our lives when it becomes more painful for us to stay mired in our old habits than to step outside our comfort zone and risk the unknown as we journey toward finding our true voice. Your true voice is the language of authentic fulfillment, joy and happiness. While speaking your true voice creativity flows, fears subside, and peace of mind prevails. Let G. Brian Benson help you find your true voice while sharing his. Straight from his heart, all of these stories, poems and thoughts played an important role in his own personal growth experience. May they provide a guiding light to areas that are reawakening inside of you. May they give you permission to move forward, speak your true voice, and let your inner greatness out so that it may shine for all to see. It will be the best thing you ever did for yourself and the world. ----

"Brian's genuine nature and happiness is what makes him an outstanding example of what it means to be a man with heart. He's an authentic writer who is full of creative ideas that he isn't afraid to see to fruition. Brian's message is simple, rewarding and attainable!" -Kristine Carlson -Best selling author- "Don't Sweat the Small Stuff" book series: By Richard and Kristine Carlson ---- "Brian's keen ability to listen to his heart to and follow his intuition has laid the blueprint for all of his successful projects and has served as an example for others to follow. In the modern world where the challenges seem to keep building up and the answers to those challenges often seem farther and father away, his guidelines for helping everyone develop their own ability to listen and follow their inner wisdom is truly a potent and powerful way to find the guidance we all need." -Mark Allen - 6x time Hawaiian Ironman World Champion and author of "Fit Soul, Fit Body: 9 Keys to a Healthier, Happier You."

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