Mental Illness at Work: A manager's guide to identifying, managing and preventing psychological problems in the workplace

Mary-Clare Race, Adrian Furnham

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Mental illness in the workplace is more common than many realize, ranging from stress to schizophrenia. If not understood or addressed appropriately, mental illness can present a considerable risk for both the individual and the organization.

Written by leading psychologists Mary-Clare Race and Adrian Furnham, this book explores the psychiatric classification of mental illness and offers practical and solid advice on the identification, mitigation and prevention of mental illness in the workplace. It will help managers to minimize risk and harmful effects to the individual and the business, and ultimately to develop a mental health literate organization.

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