



The Wisdom of the Body: Discovering the Human Spirit

Sherwin B. Nuland

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The author of the acclaimed, National Book Award-winning *How We Die* now presents an inspiring search--within the interior of our bodies--for the biologically elusive quality of life that defines us. *The Wisdom of the Body* offers a mesmerizing portrait of the tumultuous universe within us--and shows how, amazingly, the stability of health rides on these tempests. 8 drawings.

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