



## Lodge Chef John Folse's Cast iron Cooking Cookbook

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Cast iron novices and experts alike will rejoice under the guidance of renowned Cajun / Creole Chef John Folse, past chairman of the American Culinary Federation. Prestigious chef's from across the country have come together to share historical information and recipes from the recognized seven U.S. cooking regions. This book features historical information about the cooking regions and the important influence of cast iron on American Cooking. 104 pages

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