



Letting Go: A Memoir

C C Rayne

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Read Carlene's crazy and wonderful journey as she began running from a life of abuse, cultish religion & unhealthy relationships. Her journey gives new meaning to the word "control" It began with a life of control and fear. She was out of control by trying to fit in with a different world. Ultimately, she found that letting go of control was when the healing process began. Are you a victim of abuse but haven't faced up to it? Have you been exposed to a religion that has left you feeling broken with false hope and a warped view of God? Does the ministry dictate certain standards you are to adhere to, all in the name of Jesus? Do you feel shame for things that happened to you as a child but have pushed the demons so far down that suicide might be the only option? If you want to find healing and freedom, read Carlene's journey and find that you are not crazy. You are not alone: let your journey begin today.

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