



Strategic Experiential Family Therapy

Liliana Cabouli

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Strategic Experiential Family Therapy Liliana Cabouli

Developed by leading therapist Dr. Cabouli, SEFT is one of the most easy to grasp, comprehensive, practical, to the point therapy model in the field of psychology. A Doctor in marriage and family therapist, who has achieved incredible change in her clients' life. A therapy model that promotes honesty within the family system and integrity in the therapist.

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