



# **The Ultimate Cabbage Recipe Guide: 30 Easy Cabbage Recipes for a Natural & Healthy Diet (Cabbage Recipes, Cabbage Cookbook, Fast & Easy, Vegetable Diet, ... Recipes, Cabbage Cooking, Vegetable Book 1)**

*Jennifer Jones*

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## **Pick up Tasty Dishes to Make with Cabbage**

**\*\*\*Get this Amazon Best Seller now for the special promotion price of \$0.99! Regularly priced at \$4.99\*\*\***

For many people, cabbage may bring up mental images of being force fed your vegetables as a child, and cabbage by itself is not very appetizing to most people. However, combined with other ingredients, it can make an excellent dish. This book is full of recipes that feature cabbage and make for a delicious and healthy meal. Grab your copy today!

## **Here's a Preview of What You Will Learn**

- \* Nutritional value of cabbage
- \* The benefits of eating cabbage
- \* Types of cabbage
- \* Ways to cook with cabbage
- \* Recipes that use cabbage

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## **Comments From Other Readers**

“If you were to ask my mom about trying to get me to eat cabbage when I was growing up, she’d laugh and probably have a horror story or two! When my doctor told me I needed to start eating healthier, I decided to

do some looking around. My wife got me this book, and at first I balked, but after reading a couple of the recipes, my interest was piqued. The recipes listed here are now a pretty regular part of my meals. I'm pleasantly surprised!" – Jeff B. (Anderson, USA)

"Cabbage is probably not at the top of the list for most people when they think of tasty food, but this book is quickly changing that opinion for me. Mixing cabbage in with other food takes it to another level, and my eventual goal is to make every recipe written here." – Jan F. (Yuma, USA)

"I decided to casually introduce cabbage to the dinner table using a recipe from this book to see how my little one would take to it after fighting with me for years about eating cabbage and other vegetables. He loved it! Imagine his shock when I told him what was in the meal he loved so much!" – Kelsey D. (Tampa, USA)

Tags: cookbooks, diets, vegetables, recipes, cabbage, cabbage recipes, food ideas, healthy meals, fast and easy recipes, cabbage soup, cabbage patch, cabbage rolls recipes, cabbage cookbook, cabbage diet, healthy diet, vegetable diet, vegetable recipes

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### **From reader reviews:**

#### **Cinthia Beltran:**

The book *The Ultimate Cabbage Recipe Guide: 30 Easy Cabbage Recipes for a Natural & Healthy Diet (Cabbage Recipes, Cabbage Cookbook, Fast & Easy, Vegetable Diet, ... Recipes, Cabbage Cooking, Vegetable Book 1)* will bring that you the new experience of reading the book. The author style to explain the idea is very unique. Should you try to find new book you just read, this book very appropriate to you. The book *The Ultimate Cabbage Recipe Guide: 30 Easy Cabbage Recipes for a Natural & Healthy Diet (Cabbage Recipes, Cabbage Cookbook, Fast & Easy, Vegetable Diet, ... Recipes, Cabbage Cooking, Vegetable Book 1)* is much recommended to you to study. You can also get the e-book from your official web site, so you can quicker to read the book.

#### **Charles Smith:**

Your reading sixth sense will not betray you, why because this *The Ultimate Cabbage Recipe Guide: 30 Easy Cabbage Recipes for a Natural & Healthy Diet (Cabbage Recipes, Cabbage Cookbook, Fast & Easy, Vegetable Diet, ... Recipes, Cabbage Cooking, Vegetable Book 1)* reserve written by well-known writer who really knows well how to make book that can be understand by anyone who read the book. Written in good manner for you, dripping every ideas and producing skill only for eliminate your own hunger then you still hesitation *The Ultimate Cabbage Recipe Guide: 30 Easy Cabbage Recipes for a Natural & Healthy Diet (Cabbage Recipes, Cabbage Cookbook, Fast & Easy, Vegetable Diet, ... Recipes, Cabbage Cooking, Vegetable Book 1)* as good book but not only by the cover but also by content. This is one e-book that can break don't determine book by its protect, so do you still needing a different sixth sense to pick this specific!?! Oh come on your reading through sixth sense already said so why you have to listening to yet another sixth sense.

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**Felix Smith:**

Reading a guide make you to get more knowledge from this. You can take knowledge and information originating from a book. Book is published or printed or illustrated from each source in which filled update of news. In this particular modern era like now, many ways to get information are available for you actually. From media social such as newspaper, magazines, science book, encyclopedia, reference book, story and comic. You can add your understanding by that book. Isn't it time to spend your spare time to open your book? Or just seeking the *The Ultimate Cabbage Recipe Guide: 30 Easy Cabbage Recipes for a Natural & Healthy Diet (Cabbage Recipes, Cabbage Cookbook, Fast & Easy, Vegetable Diet, ... Recipes, Cabbage Cooking, Vegetable Book 1)* when you needed it?

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