



Please God Help Me! How to Trust God, Build Faith, and Change Your Life.

Gretchen Fields

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If you are suffering and drowning in darkness, there is hope. I wrote this book because I was in a very dark place and couldn't escape it. In my darkest hour, when the misery was smothering me, I found a way out. I cried to God and he opened a door.

If you feel like you have nowhere to go, that the pain is too deep and you can't overcome it, the contents of my book will help you. I know what it is like to be depressed and wanting to die everyday and I'll explain how to escape that terrible feeling.

Divorce, death, loneliness, financial issues, and betrayal can all lead people to a dark place that seems impossible to escape. I'm here to tell you how I escaped all of these and rebuilt my life. I ask that you come in with an open mind and you too can free yourself from darkness. If you suffer from anger, hate, addiction, or any other affliction, you can find the way out. Millions of people have and you can too.

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