



Practical Paleo Holiday: 45 Grain Free Recipes for Any Occasion

Diane Sanfilippo

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From the New York Times Bestselling author of "Practical Paleo" and "The 21-Day Sugar Detox," Diane Sanfilippo has compiled 45 Paleo recipes that include some of her classics that are fan-favorites, as well as brand new recipes developed specifically for your holiday table in her signature easy recipe style.

Perfect for Thanksgiving, Christmas, and more, the holidays never tasted so good or were so simple! These recipes won't leave you slaving over the stove or in the hot kitchen for hours on end. Your entire holiday meal can be created from this book, or with your own family favorites mixed in.

All of the recipes are gluten-free, grain-free, dairy-free, and Paleo friendly.

Recipes:

- breakfasts •

Spiced Apple Cider Waffles

Cinnamon Spice Pancakes

Gingerbread Muffins

Pumpkin Cranberry Muffins

- starters •

Grandma Barbara's Stuffed Mushrooms

Bacon Wrapped Pecan Dates & Pineapple

Herb Almond Cheese Spread & Herb Crackers

- salads, soups & side dishes •

Butternut Sage Soup

Creamy Mushroom Soup

Cilantro Pumpkin Soup

Quick Turkey Stock

Broccoli & Bacon Salad with

Creamy Balsamic Dressing

Green Bean Casserole

Simple Cranberry Sauce

Apple Fig Cranberry Sauce

Spiced Applesauce

Sweet & Savory Potatoes

Chestnut & Sausage Stuffing

Roasted Winter Squash with Coconut Butter

Green Beans with Shallots

Creamy Herb Mashed Cauliflower

Brussels Sprouts with Crispy Capers & Bacon

Orange Ginger Carrots

Shaved Jicama Salad with Citrus Vinaigrette
Apple & Fennel Salad
Cherry Kale with Pepitas
Savory Sweet Potato Cakes
Savory Herb Drop Biscuits

• entrees •

Split Roasted Turkey with Sage Butter
Pan Roasted Vegetable Gravy
Maple Mustard Smoked Ham
Spiced Rack of Lamb & Mint Pesto
Warm Eggplant & Tomato Salad with Mint (Zaalouk)
Ginger-Thyme Pork Tenderloin with Melted Onions & Apples
Fig & Ginger Chicken Tajine

• desserts •

Pumpkin Pie Custard
Granny Smith Apple Crumble
Gingerbread Molasses Drop Cookies
Flourless Mint Chocolate Cake & Chocolate Dip
Chocolate Pistachio Bites
Fig Brownies
Pepita Goji Berry Bark

• leftovers •

Thanksgiving Stuffing Meatballs
Leftover Turkey Soup
Leftover Turkey Salad
Cranberry Balsamic Vinaigrette

There are also goodies in the book including some Tips & Tricks for managing holiday parties, budgeting, and a Holiday Shopping List for the recipes in the book (you can note how much of items you may need based on what you're making!).

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William Bottoms:

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