



## Chocolate Smoothies: 15 Healthy Smoothie Recipes

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Welcome to the Chocolate Smoothies recipe book. This ebook contains recipes for various smoothies that are not only chocolatey, but also considerably healthy. Each one has some nutritional value, and will be fun to try (and retry).

We live in a world that's growing more and more health conscious. But sometimes it seems like going the healthy route means giving up the tastes we love. This book shows... that's not necessarily true.

Some recipes in this book include flax seeds, nuts and other such ingredients that must be well blended, so it is recommended that a high-power blender be used, such as a vitamix, blendtec, nutribullet or other comparable blender.

Step out of the ordinary with these ideas and see how a dab of creativity can add a whole lot of flavor to your world. Whether it's for yourself or for a party, a date night or a dessert, there aren't many situations that a chocolate smoothie can't make better.

Let's move forward now to the real reason we're here. The smoothies.

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