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# 40 Cases

Leslie Lundt, Nancy Nadolski



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40 Cases is the companion book to Dr. Lundt's first book, Think Like a Psychiatrist: Understanding Psychiatric Medicines. More and more frequently mental health professionals, who are not psychiatrists, are being called on to answer the needs of a growing population of people seeking help for issues of mental distress: stress, anxiety, depression, addiction disorders. Patients asking for your for assistance. When that call comes, have you ever wished there was an open door down the hall you could slip into for a quick consult? Think Like a Psychiatrist: 40 Cases gives you that opportunity. Listen in as psychiatric experts Leslie Lundt, M.D. and Nancy Nadolski, FNP guide readers through the mental health maze. Every chapter allows you to be part of a private case staffing featuring a new client. Read the patient history, diagnosis, available treatment strategies (including the newest meds such as Rozerem, Ambien CR, Vivitrol and Sparlon), find out what our experts recommend, possible side effects and risks to be aware of and where to find the valuable resources to help your clients. Think! Like a Psychiatrist: 40 Cases lets you slip down the hall without leaving your desk.

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