



Divorce Poetry: Breaking Free

Tamara Mendelson

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Divorce Poetry: Breaking Free Tamara Mendelson

It starts with the breakdown; twenty years together. It ends breaking free, into new life.

Poet Tamara Mendelson charts her divorce cycle in *Divorce Poetry: Breaking Free, A Soul-Healing Journey Through the Five Stages of Divorce*. She shares her raw emotions and bitter truths learned, such as the meaning of “forever”.

From breaking down to breaking free, each of the five sections includes poetry intended for people going through their own emotional tidal waves.

Mendelson never expected to divorce. What was to last forever, lasted seventeen years. Rather than settling for a loveless marriage, she made the decision to leave. Luckily for readers, she reengaged life with poetry as part of her healing process, and has discovered that others have suffered like she did.

Here she presents readers with her book of verse, expressing how to be with and endure their pain to find peace. Much light is found at the end of her journey, and with each poem, she helps readers find their own.

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From reader reviews:

Tom Scott:

Reading can called head hangout, why? Because when you find yourself reading a book particularly book entitled Divorce Poetry: Breaking Free your thoughts will drift away trough every dimension, wandering in each and every aspect that maybe not known for but surely will become your mind friends. Imaging just about every word written in a reserve then become one type conclusion and explanation in which maybe you never get just before. The Divorce Poetry: Breaking Free giving you a different experience more than blown away your brain but also giving you useful facts for your better life in this era. So now let us show you the relaxing pattern at this point is your body and mind are going to be pleased when you are finished reading it, like winning an activity. Do you want to try this extraordinary shelling out spare time activity?

Dorothy Guillen:

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Carissa Taylor:

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Brittany Gonzalez:

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