



Raising Peaceful Kids: A Parenting Guide to Raising Children in a Mindful Way

Kathy Walsh

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Raising Peaceful Kids parenting guide gives parents the tools to raise children in a mindful and compassionate way. In a busy, digital world this book helps parents lead their children to live a more peaceful, balanced life. These simple steps help parents connect children to their hearts, think positively, and to express their feelings. The companion illustrated children's books, songs and meditations reinforce the message of gratitude and joy.

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