



The Happiness Book: The Five Step Illustrated Guide to Being Happy

Tim I Moorey

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This amazing yet straightforward book uses an imaginative combination of hand-drawn illustrations and carefully worded change-provoking phrases to offer the reader powerful new choices. The Happiness Book: The Five Step Illustrated Guide to Being Happy is designed to offer the reader, time out of normal thinking to just ponder upon some phrases and pictures that nudge the reader towards finding their inner happiness. This book has been lovingly written by Tim Moorey and illustrated by his wife, Ruth. Tim & Ruth live happily in Devon, England and share a life of dogs, bringing up their two children and enjoying life. They share some magic through this book which is helping adults and children the world over. Use it as a daily guide, to meditate over, share with your children or simply just to pick up and enjoy. This book will change your life and help you to find more joy and success every day. Imagine being able to wake up every morning with a smile on your face. Imagine enjoying even the most mundane tasks or jobs. Imagine being happy...

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