



# Diabetes Textbook 2015 -From Clinic to Genes- 1st/2 Volumes (Japanese Edition)

*Mitsuo Itakura*

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[??????? 2015 ??????????? 1/2 ?]

??24?? (2012?)??20????????????950????????1100????????2050????????????????1??????24?? (2012?) 5?1?????? (???1?2761????950??

(7.4%)??3?8?2?????????????5.5%????????

????????????????2007?(??19?)?890????2014? (??26?)?950????????????????????????????????2007?

(??19?)?1320????2014?(??26?)?1100????????????????????????????????2013?3.82????????2035?75.92???+ 55%????????????

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### GWAS (Genome-Wide Association

Study)????????????????50????????????????????3?4??30?

40%????????????60?70%????????????????????????????????30?40%??3?4%??50????????????????????????????????25?36%????????????????????????

2008?Action to Control Cardiovascular Risk in Diabetes [ACCORD](39)????????????????????????HbA1c

6.4%??????7.5%????(????, 1.22; 95% CI, 1.01 to 1.46; P=0.04)????????????????????2008?Action in

Diabetes and Vascular Disease: Preterax and Diamicron Modified-Release Controlled Evaluation

[ADVANCE](37)???HbA1c????????gliclazide????6.5%????????????????????10%????????????????

21%????????????????ADVANCE????????????????22%????????????????????/????????????

????????????3??2????????????

HbA1c????????????????????????????????????

### 2009?Veterans Affairs Diabetes Trial [VADT]

????????2????????2?HbA1c??

????? (HR 2.48, 95% CI

1.91–3.21)?????????(40)?HbA1c?1%????????????????????15%????????????????????(40)?

????????????????????HbA1c????6.4?6.5%????????????????????????????????

??HbA1c????????????????

????????????????24????????????????????????????????????BOT????????????1?3?+??1????

????????2009??2014????

DPP-4????????????70%????????????????????????

????????①????????????+3????????(????????????BOT)????②????????(GLP-1????????DPP-

4???)????????????????HbA1c????????????????

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